

fibroDAO®



For the dietary management of Fibromyalgia caused by DAO deficiency

fibroDAO® is a food for special medical purposes that is used for the dietary management of Fibromyalgia caused by DAO deficiency.

What does fibroDAO® contain?

The main ingredient is Diamine Oxidase (DAO) enzyme. It also contains magnesium, that act as adjuvant on the dietary management of Fibromyalgia caused by DAO Deficiency.

What is DAO deficiency?

This refers to a deficiency in Diamine Oxidase (DAO) metabolism activity or an imbalance between the amount of histamine ingested with food and the enzyme capacity to metabolise it. As histamine has not been properly metabolised and degraded, it passes into the bloodstream triggering different symptoms.

How does fibroDAO® work?

The Diamine Oxidase (DAO) contained in fibroDAO® serves as a supplement to the enzyme found in the body, which oversees metabolising histamine. Taking one capsule of fibroDAO® before each meal increases the amount of DAO in the small bowel, boosting histamine degradation. This accelerates the processing of the histamine found in different foods in the digestive tract, helping to manage Fibromyalgia symptoms such as muscle pain and chronic fatigue.

What is Fibromyalgia?

Fibromyalgia is a chronic condition that is characterized by widespread pain in the muscles and bones, areas of tenderness, and general fatigue. It is estimated that about 2-4% of the population is affected by Fibromyalgia, with a higher prevalence in women than in men.

DAO Deficiency and Fibromyalgia

Researchers are starting to see a connection between Fibromyalgia symptoms and specific changes in the AOC1 gene that impact DAO enzyme activity. Discovering that lower DAO activity may improve the lives of Fibromyalgia patients and help to manage their symptoms more effectively.

How should fibroDAO® be taken?

Take one capsule with water 20 minutes before each main meals (three times a day). The capsule should be swallowed whole without chewing, splitting or breaking them.



Gastroresistance is a plus that differentiates us from our competitors

With innovative Eficaps® technology



BiomeNurturing™ Beyond Bacteria

