

# DAOhead®



**DAOhead® is designed to help those that suffer from migraine due to DAO Deficiency**

## What does DAOhead® contain?

The primary ingredient is the DAO enzyme, although, it also contains caffeine in DAOhead® along with vitamins B6, B9, and B12. These other ingredients act as adjuvants in the dietary management of migraine.

## What is DAO Deficiency??

This refers to a deficiency in Diamine Oxidase (DAO) metabolisation activity or an imbalance between the amount of histamine ingested with food and the enzyme capacity to metabolise it. As histamine has not been properly metabolised and degraded, it passes into the bloodstream triggering different symptoms.

## How does DAOhead® work?

By metabolizing histamine from the diet and preventing its accumulation in the bloodstream through the restoration of DAO activity, DAOhead® proves its efficacy at helping those with migraine.

## What is a migraine?

Migraine is a prevalent episodic disorder characterized by severe headaches, often accompanied by light and sound sensitivity (aura) and nausea. An elevated level of histamine can initiate migraine because it causes inflammation and widens blood vessels in the brain through its interaction with the brain's histamine receptors.

It's believed that between 10-15% of people worldwide experience migraine, with the condition being twice as common in women.

## DAO Deficiency and Migraine

Within a group suffering from chronic migraine, 87% had DAO Deficiency. While in the control group (not suffering from migraine), 44% had DAO Deficiency.

Variations and deficiencies in the DAO gene are notably linked to an elevated likelihood of experiencing migraines, predominantly among Caucasian women.

## How should DAOhead® be taken?

The recommended dosage for this product is one capsule taken three times a day before main meals. Overall, having shown a reduction of frequency for patients in clinical trials, DAOhead® is a safe and effective way to manage migraines.



Studies show a clear reduction in migraine symptoms

IP Protected



# BiomeNurturing™ Beyond Bacteria

